



# Summer Camp 2022

## 5-Week summer Camp at Monroe Community College

Monday, June 27 – Friday July 29, 2022 (no camp July 4<sup>th</sup>)

Transportation: Buses leave designated sites at 7:30am and drop off at 4:00pm

**Camp times:** 8:00 am – 3:30 pm

The Healthy Hero Camp provides daily academic enrichment programs to help reduce summer learning loss and build academic skills. English Language Arts, Mathematics, Health Education, Music and Nutrition Education along with a strong Social-Emotional Learning curriculum are the focus of our daily curriculum!

The program also offers a wide variety of activities (Basketball, Swimming lessons, First Tee Golf, Softball, Lacrosse, Flag Football, etc.) along with Cooperative Games and Initiatives, and participation on our Project Adventure High and Low Ropes Course!

A healthy Breakfast and Lunch are provided each day!

**The Healthy Hero Camp is open to Rochester City School District students who have completed Kindergarten and will be entering 1<sup>st</sup> through 6<sup>th</sup> grade for the Fall 2022 school year.**

We are very much looking forward to an adventurous and engaging 2022 summer session. Camp will run from June 27 – July 29, 2022, there will be no camp July 4<sup>th</sup>. Registration for camp will close on June 1<sup>st</sup>. All required materials must be submitted prior to the date in order for the camper to attend camp. Additionally, when an age group becomes fully enrolled, the age/grade level will close for registration. We will try to provide a waitlist and updates about a child's registration being cleared from the waitlist on a rolling basis. Please enroll early to ensure a spot for your child!

## Camp objectives

- Provide a healthy start through good nutrition and physical fitness along with reading/writing and math activities to reduce summer learning loss
- Teach youth-centered active play activities in a safe, positive and enjoyable environment on a College Campus
- Provide activities to nurture the dreams and aspirations of our children
- Promote respect, citizenship and sportsmanship in a diverse environment
- Provide quality education and promote positive behavior

Campers participate in an exciting and enriching array of experiences at camp and are expected to participate in all aspect of the program including: Swimming, Sport and Fitness Activities, Healthy Related Education, Math and ELC activities daily.

## Cost

There is no cost to attend this camp; it is fully supported by Rochester Area Community Funders including: Greater Rochester Health Foundation, ESL Charitable Foundation, Rochester Area United Way, USDA, and other private donors.

## Camp Attire

Capers are required to wear socks, sneakers, shorts/sweatpants/leggings, and a t-shirt or sweatshirt. Campers are also required to bring a swimsuit and towel daily. **Campers are not allowed to wear jeans, skirts, dresses, flop flops or Crocs.** A Healthy Hero t-shirt will be provided during the first few days of camp and campers are requested to wear the camp shirt daily.

## Transportation:

Buses leave designated bus stops at 7:30 and drop off at 3:45.

At least 20 campers must select a bus stop for it to be available. We reserve the right to change bus stops prior to the start of camp to better serve the majority of camper's families. No changes to the bus stop selection is allowed after June 1<sup>st</sup>.

## Registration

Registration for camp will close on June 1<sup>st</sup>. All required materials must be submitted prior to this date in order for the camper to attend camp. Additionally, when an age group becomes fully enrolled, the age/grade level will close for registration. We will provide a waitlist and updates about a child's registration being cleared from the waitlist on a rolling basis. **Please enroll early to ensure a spot for your child!**

**ONLINE REGISTRATION AVAILABLE:**

**[app.campdoc.com/register/healthyhero](http://app.campdoc.com/register/healthyhero)**